

OCTOBER | 2025

Eat Smart Make Choice from all Five Food Groups Daily!

Student lunch are required to choose 3 of the 5 component with at least 1 Fruit or Vegetable to make a A-Line lunch.

MONDAY

TUESDAY

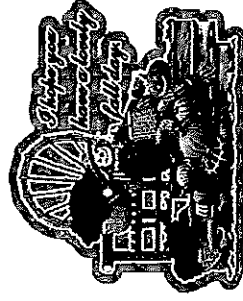
WEDNESDAY

THURSDAY

FRIDAY

29	Lunch: Turkey & Cheese on Bun Baked Beans/Salad Bar Carrots Fruit Milk	30	Lunch: Chicken Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice & Fruit Milk	1	Lunch: Pepperoni Pizza Broccoli Salad Bar Pears & Fruit Milk	2	Lunch: Mostaccioli-Cheese Green Beans Peaches Breadstick Milk	3	Lunch: Hot Dog on Bun Potato Item Salad Bar Juice & Fruit Milk
6	Lunch: Chicken Nuggets Winter Blend Salad Bar Fruit & Fresh Fruit 2 Sliced of Bread Milk	7	Lunch: Beef Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice & Fruit Milk	8	Lunch: (2) Stuffed Breadsticks-Sauce Broccoli Salad Bar Jell-O with Fruit & Fruit Milk	9	Juice-Fruit-Milk Lunch: Chicken Noodles Mashed Potato/Salad Bar Fruit & Fresh Fruit Dinner Roll Milk	10	Lunch: Sub Sandwich Sliced Tomato Salad Bar Juice & Fruit Cookie Milk
13	Lunch: Hot Dog on Bun Baked Beans Salad Bar Applesauce & Fruit Frito Corn Chips Milk	14	Lunch: Quesadilla Refried Beans Salsa-Fiesta Bar Juice & Fruit Milk	15	Lunch: Sausage Pizza Broccoli Salad Bar Baked Apples & Fruit Milk	16	Lunch: Spaghetti-Cheese Green Beans-Salad Bar Peaches & Fruit Breadstick Milk	17	Lunch: Chicken Noodle Soup-Cracker Grilled Cheese Carrots-Celery-Salad Bar Juice & Fruit Milk
20	Lunch: Chicken Sandwich Sliced Tomato-Salad Bar Green Beans Pears & Fruit Milk	21	Lunch: Beef Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice & Fruit Milk	22	Lunch: Cheese Pizza Broccoli Salad Bar Fruit & Fresh Fruit Milk	23	Lunch: Cheesburger on Bun Sliced Tomato-Salad Bar Potato Applesauce & Fruit Milk	24	Fall Break
27	Fall Break	28	Lunch: Chicken Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice & Fruit Milk	29	Lunch: Sausage Pizza Broccoli Salad Bar Jell-O with Fruit & Fruit Milk	30	Lunch: Mostaccioli-Cheese Green Beans-Salad Bar Peaches & Fruit Breadstick Milk	31	Lunch: Bat Wings Chili Jack-O Lanterns Corn Bread Goblin String Vegetable Vampire Juice Skeleton Dust Milk

News



Wake up to School
Breakfast a healthy school breakfast is the perfect way for your child to start their day.

Students who eat school breakfast attend on average 1.5 more days of school per year & score 17.5% higher on standardized math test.

